

CASTLEWOOD TREATMENT CENTER FOR EATING DISORDERS ALONG WITH WASHINGTON UNIVERSITY'S WOMEN, GENDER, AND SEXUALITY STUDIES PROGRAM ARE EXCITED TO PRESENT A FREE COMMUNITY EVENT...

**“BREAKING THE SILENCE OF SECRET SUFFERING: RECOGNIZING EATING DISORDERS IN THE 21<sup>ST</sup> CENTURY”**

Presented by Kathryn Zerbe, Author of “The Body Betrayed and Beyond the Body Betrayed”

Dr. Zerbe will address the role biology, culture, media and individual issues give rise to the epidemic of eating disorders. She will also review how contemporary treatment must include looking at each of these factors, using case examples from her 30 years of clinical practice.

**Date:**

October 9<sup>th</sup>

**Time:**

7:00pm-8:00pm  
with book  
signing to follow

**Place:**

Steinburg  
Auditorium at  
Washington  
University



*Kathryn Zerbe, MD, Professor of Psychiatry at Oregon Health and Science University, has 30 years of experience in treating and writing about the treatment of eating disorders. She is the author of over 100 papers and book reviews and 4 books, including the landmark publications, “The Body Betrayed: Women, Eating Disorders and Treatment” (1993/1995) and “Integrated Treatment of Eating Disorders: Beyond the Body Betrayed” (2008). She has won numerous awards for her teaching and writing contributions to women’s mental health, including the Alexandra Symonds Award from the American Psychiatric Association and Association of Women Psychiatrists. She lectures nationally and internationally and practices psychiatry and psychoanalysis in Portland, OR.*

**FOR FURTHER INFORMATION CONTACT THERESA CHESNUT AT  
CASTLEWOOD TREATMENT CENTER, 636-386-6611**